

The Nest Southwest Community Interest Company (CIC)



Co-director Role Description

Introduction

The Nest is looking for new co-directors. No experience required, but affinity with our mission, willingness to learn and some free time to volunteer is essential. The pathway to becoming a co-director with The Nest is to join our leadership team for a trial of 9 months. More details about the application process below.

As a small grass-roots social enterprise we are versatile and responsive, creating innovative services that work to fulfil our vision to live in a world where all girls, women and people who menstruate feel empowered and fulfilled during each life stage. Principally The Nest runs peer support groups, a volunteer program and a diverse timetable of other events and networking within the local community.

Full company name: The Nest Southwest Community Interest Company.
Registered number: 12271789

Duties of a Nest Co-Director:

The co-directors of The Nest overview the social enterprise with the purpose of supporting the local community of women and people who menstruate through menstruation, pregnancy, birth and menopause.

A community interest company (CIC) is a limited liability company created with the specific aim of providing benefit to a community. As with any other company, the directors of a CIC occupy an important position of trust.

Commitment

Directors are required to:

- Complete full application and induction process
- Comply with the company rules and regulations
- Attend monthly wider team meetings throughout the year (currently on the first Monday of the month. 1.30-2.30pm on Zoom)
- Attend four strategy planning half-days each year
- Attend occasional training sessions (max 2 per year)
- Support the running of The Nest

Person Specification-

Essential

- Trustworthy
- Knowledge of issues relating to women's health and empowerment
- A commitment to gender equality
- Organised
- Non-judgemental, respectful and inclusive
- Reliable
- Good communication skills
- Computer literacy
- Willingness to learn

Desirable (but not essential)

- Lived experience of women's health / menstruation (to inform decision making)
- Experience of working with voluntary and community groups / organisations
- Active links within the Exeter community
- Some relevant and transferable professional skills e.g management, financial planning, bookkeeping, marketing, website design, social media, HR, strategy & development etc.

Remuneration and Expenses

This is a voluntary role, with no expectations of financial gain although in some cases reasonable remuneration for services may be possible depending on funding secured. Expenses for travel and other costs where previously agreed may be claimed.

Time commitment

It is expected that to be an active director of The Nest will take up between 2-4 hours per week, for approximately 38 weeks of the year.

What you will receive from being a Nest co-director

- Full induction and training into The Nest - vision, mission, day-to-day operations, policies and procedures
- Ongoing support from your co-directors
- Be part of the Nest team who are all passionate about the work we do
- Be part of a wider Nest community: supporting, educating and inspiring
- Be part of making a positive difference in the world!

Next steps

- Contact Hazel for an informal chat before application.
Email: hazel.thenestsw@gmail.com
- Or go straight ahead and fill in an application form
<https://forms.gle/iHyQNCdz2LL8d5oX7>
- Then come to interview (on Zoom)
- If successful start attending our monthly team meetings and director-only strategy days for trial period of 9 months
- Progress to become a co-director of The Nest