

Kailo

Application of Systems Thinking concepts to community resilience building

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Kailo

Workshop Overview

- Introduction to Kailo
- Introduction to key concepts of Systems Thinking
- Application of concepts to community resilience building

What is Kailo?

Kailo means ‘connected and whole’. It is a framework and approach that supports young people and local community partnerships to determine ‘what matters’ most in relation to promoting young people’s wellbeing in their local context. The approach then supports emerging partnerships to come together to co-create, test and scale strategies and approaches to make a difference.

Build strong relationships and partnerships to connect and reinforce local efforts to improve young people’s mental health and wellbeing.

Create a deep and more **systemic view of the social determinants** of mental health and wellbeing of young people.

Put **young people at the the centre of a co-design process** to address, locally, the social determinants of their mental health and wellbeing

Collaborate to find, adapt and improve **sustainable systemic approaches**, which can play a role in driving transformative change for young people.

See: <https://kailo.community>

Kailo



Key principles

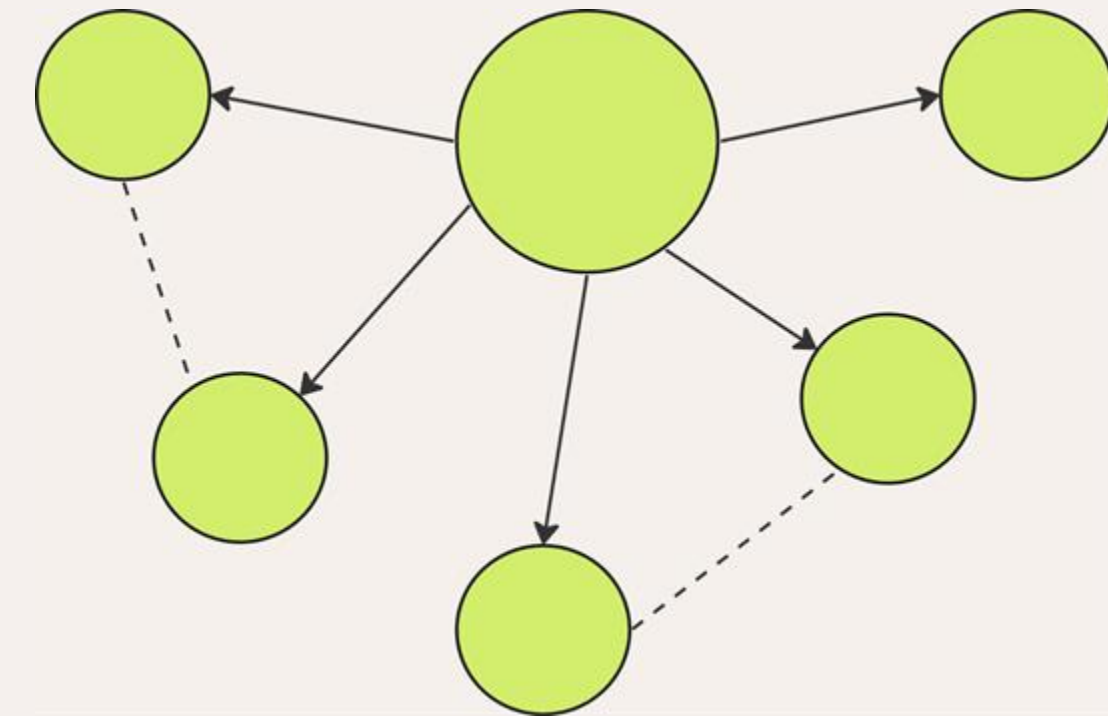
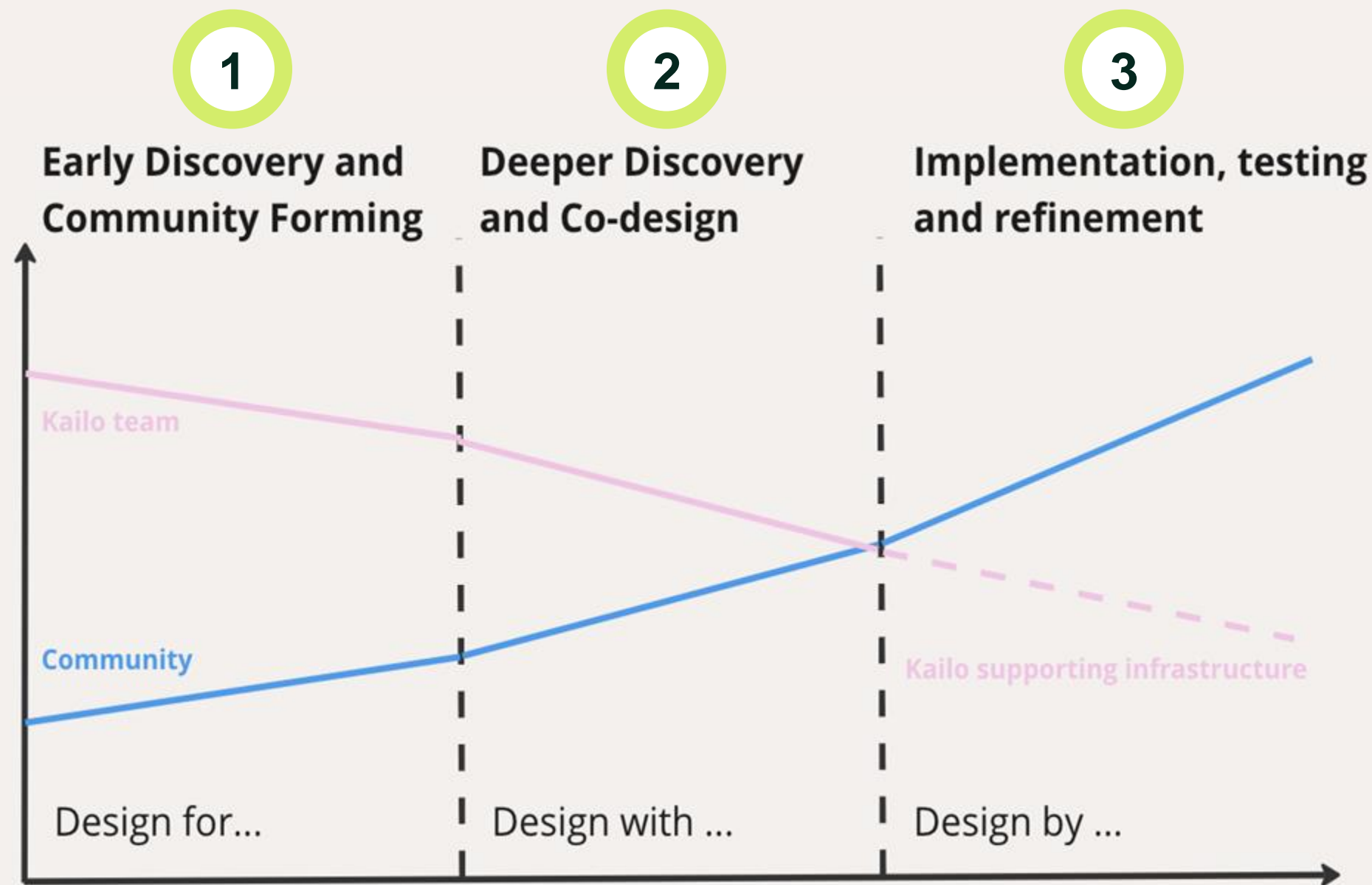
- **Addressing inequality** - via equitable approaches to engaging, valuing and building trust and agency with 'lesser heard' voices.
 - Power mapping, relational approaches with trusted partners
 - Actively anti-racist
- **Adding value** (not extractive) / **building on what's strong**
 - Investing in grass-roots partners, employing youth/community researchers and designers
- **Bringing communities together:** young people, communities, public and third sector.



Overview of Design and Implementation

Three phases build capacities, confidence and capabilities to create local ownership, agency and sustainability.

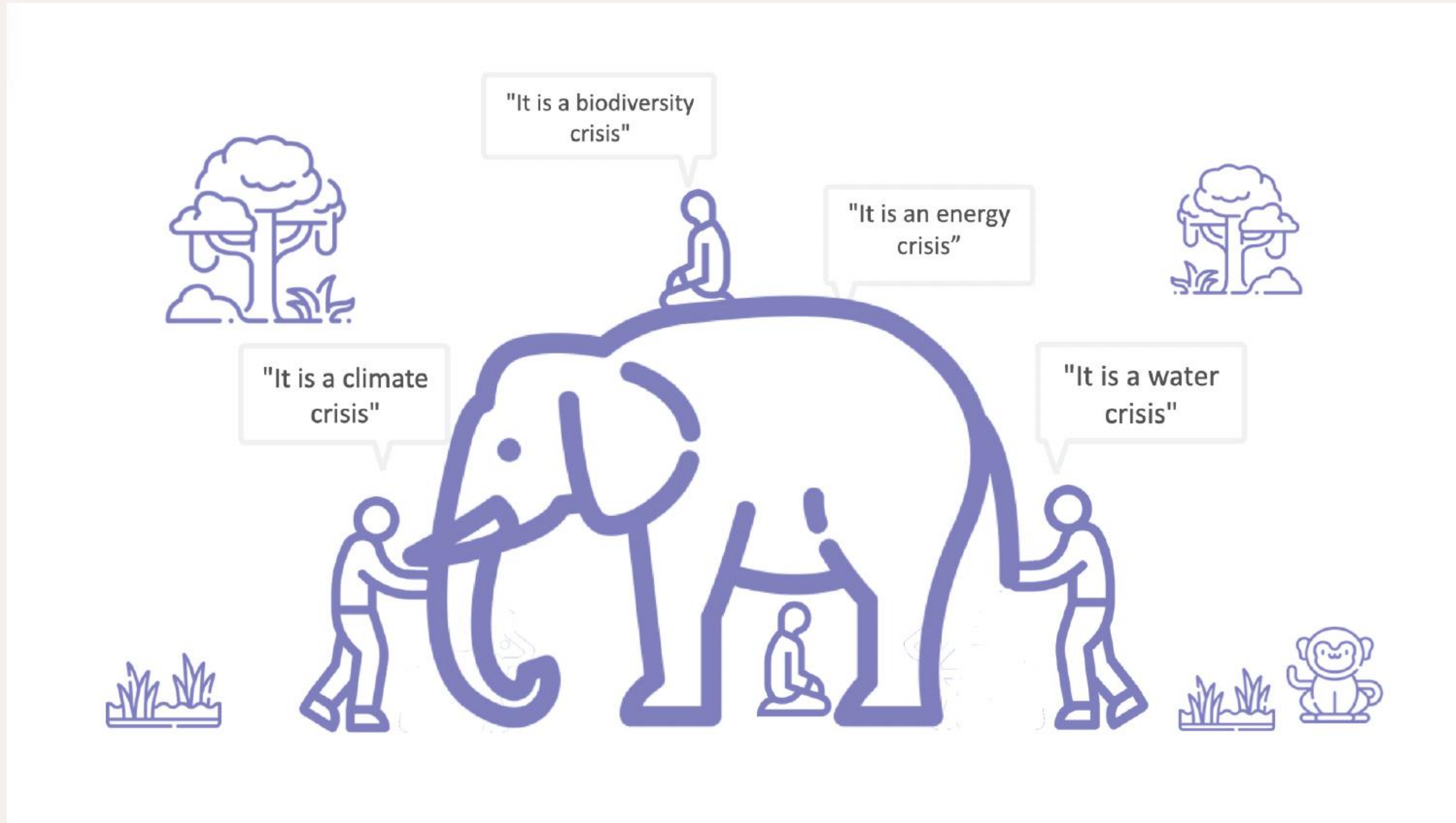
We create communities around 'opportunity areas', then support partners to scale the approach to other priorities - and build connections between each to ensure systemic change.



**What's all
this got to
do with
Community
Resilience?!**

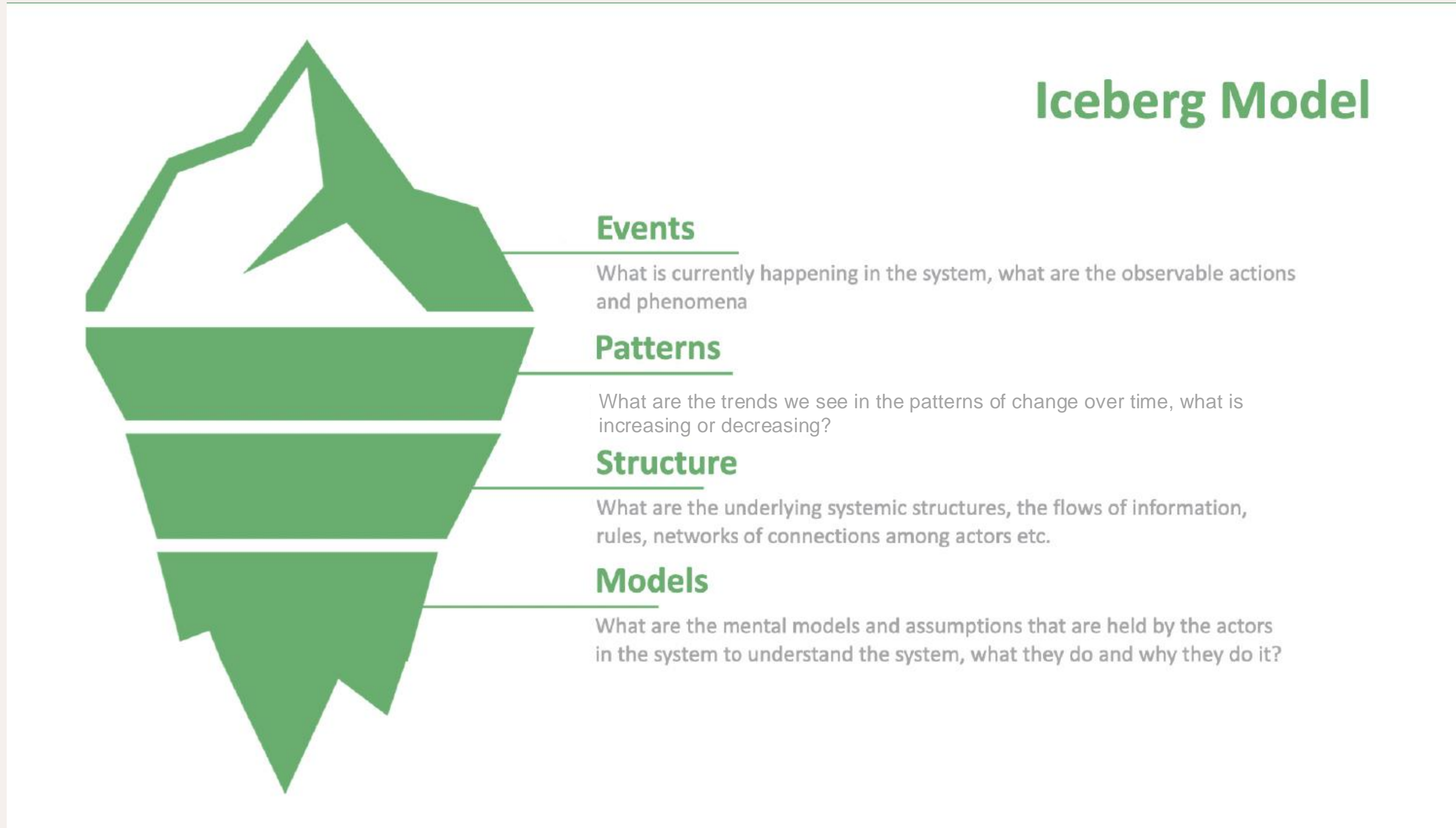
**Systems
Thinking –
that's what!**

Seeing beyond parts, to consider the whole



Images, courtesy of the Systems Innovation Network

Underlying drivers



Images, courtesy of the Systems Innovation Network

Systems Thinking and Resilience



Decentralization

A decentralized network structure to a system creates fewer critical points of failure and slows the spreading of failure across the system.



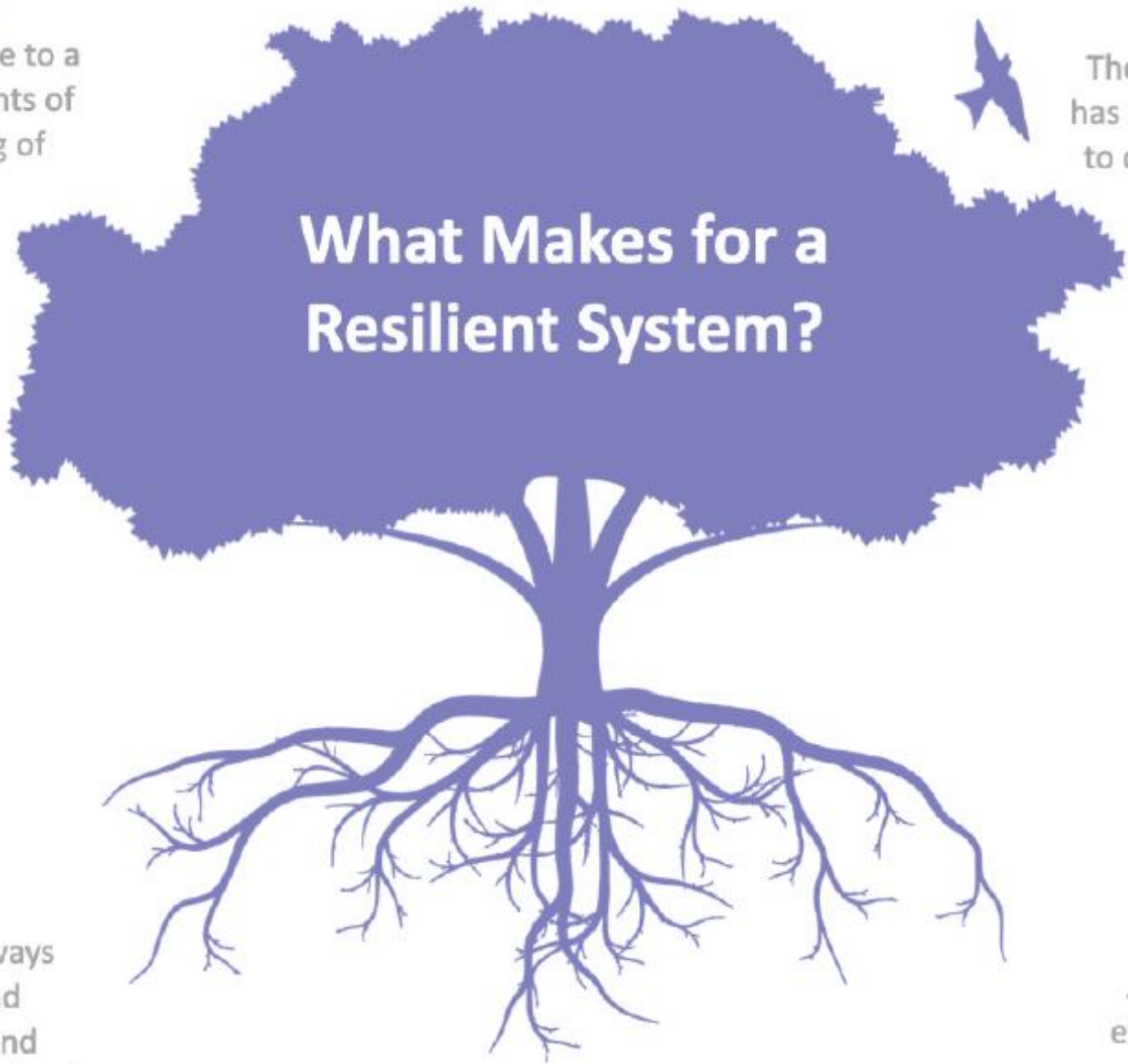
Self-sufficiency

The fewer the dependencies the system has on inputs the fewer the vulnerabilities to change and the greater its capacity to adapt to a change successfully.



Variety

Variety creates more possible ways that the system could respond successfully to a given event and reduces the possibility of a given shock to cascade through the system.

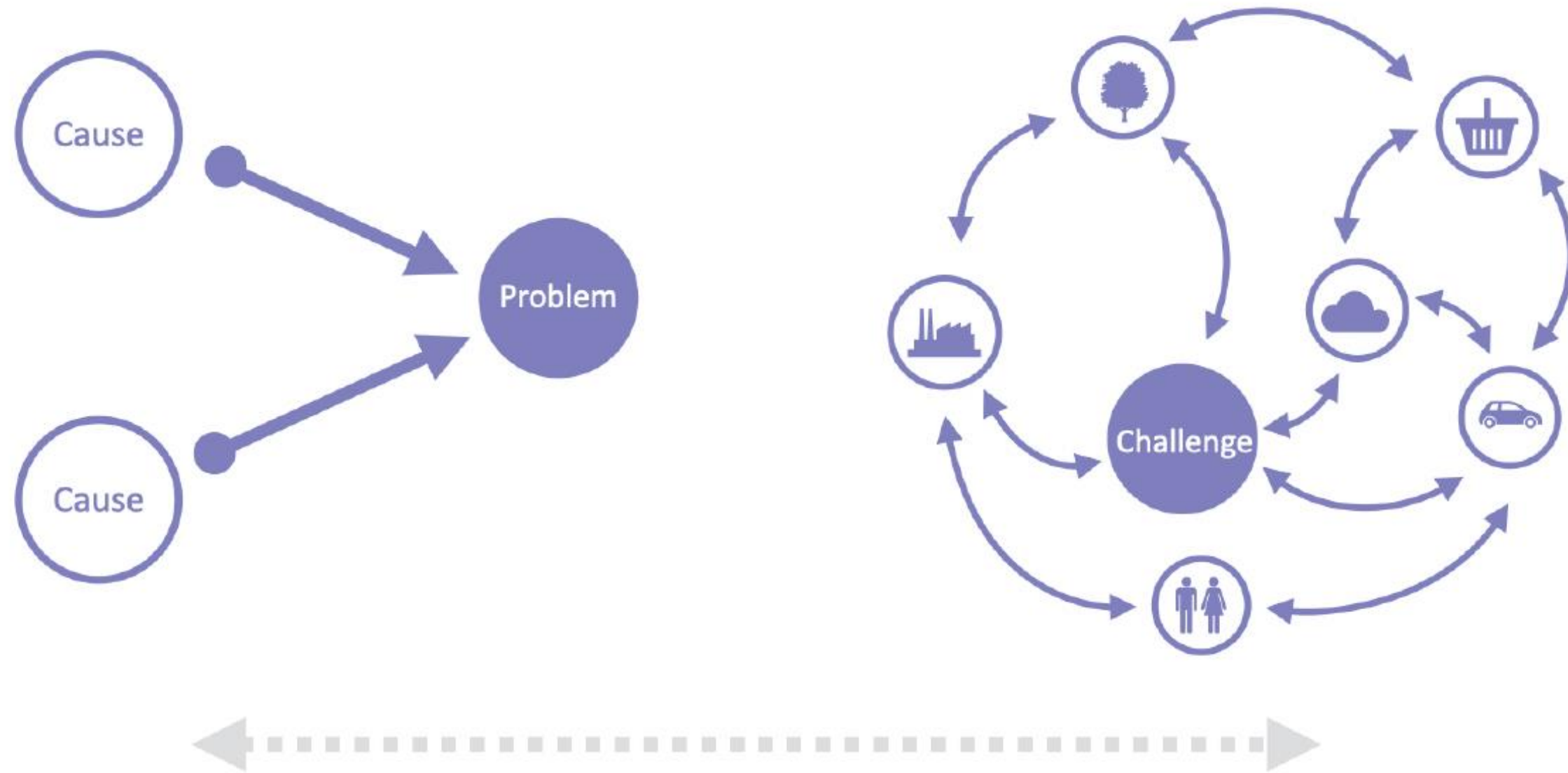


Learning

Accumulated learning from having experience and successfully survived past challenges helps to build a systems adaptive capacity and resilience to future challenges.

Images, courtesy of the Systems Innovation Network

Non-linearity and Emergence



Linear Thinking

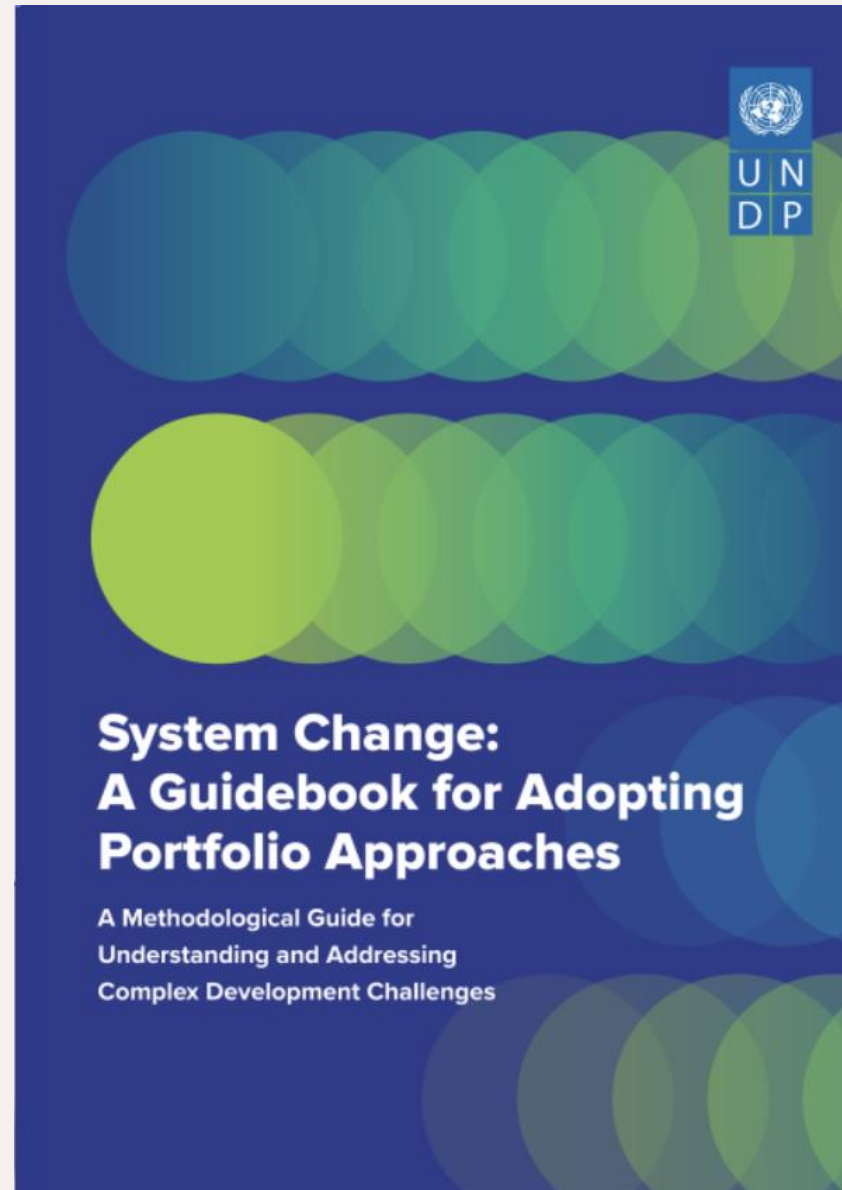
Reduce down to the most immediate and largest causes of the issue

Nonlinear Thinking

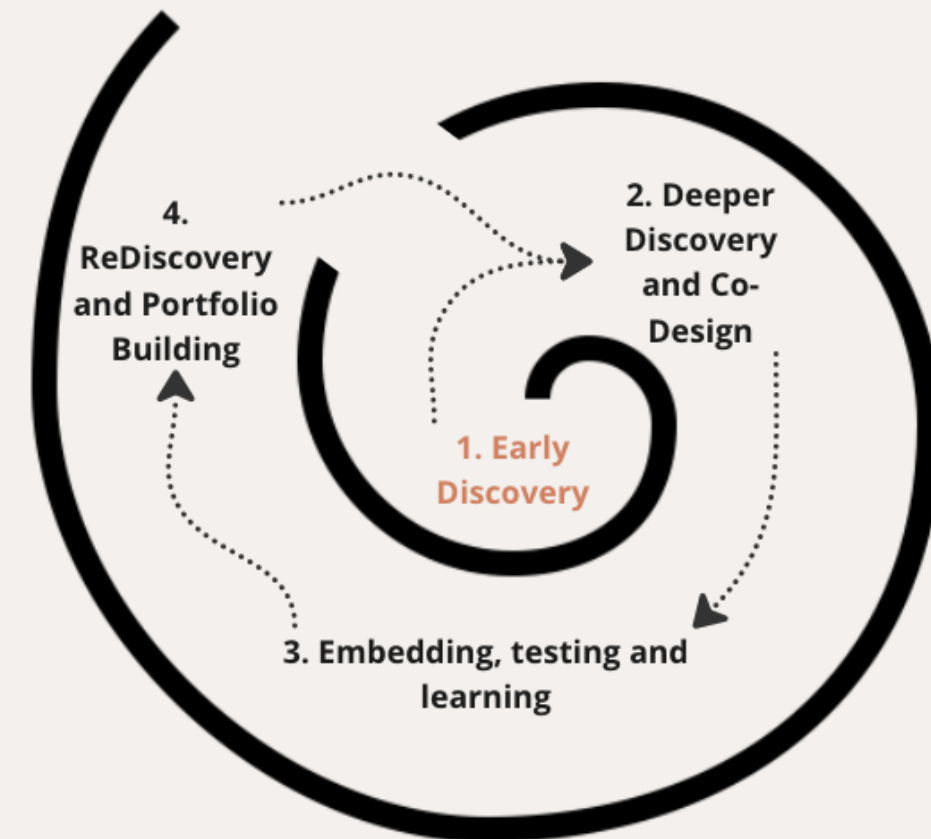
Look at the network of factors that are creating the system's dynamics out of which the issue emerges

Images, courtesy of the Systems Innovation Network

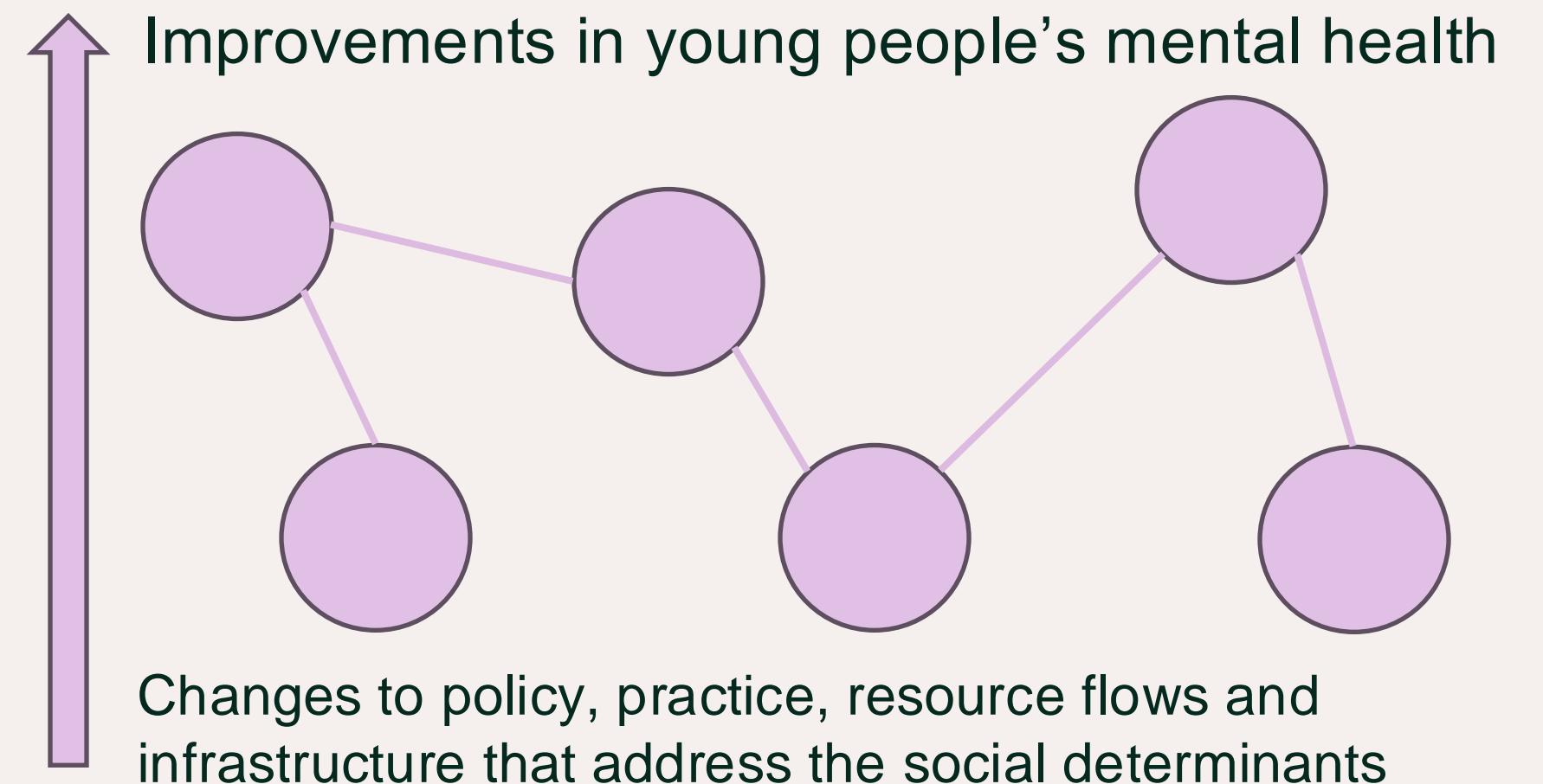
From isolated interventions to portfolio-based approaches



Kailo is a cyclical process...



... Informing the creation of a networked portfolio-based approach to systemic change



How might these concepts apply to your community resilience building efforts?

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